

## Lenten Calendar 2023 FEBRUARY-APRIL



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Catholic of age 14 and older are expected to penitential practice of obtaining from meat on Ash Wednesday and all Fridays during Lent	On Good Friday and Ash Wednesday Catholics from age 18- 50 not only abstain from meat 18 also fast limiting themselves to one full meal and two smaller ones.	Eating between meals is not permitted. Liquids are allowed. Note: Catholics unable to observe the fasting due to health are urged to practice other kinds of self-denial suitable to their condition.	February 22 Ash Wednesday 7:30am Ashes/Mass 12:00pm Mass/Ashes 6:00pm Ashes only	February 23 11:15 Exposition of the Holy Eucharist Rosary Stations of the Cross 12:00pm Mass 6:00-7:00pm Lives of the Apostles 7:00pm Taize Prayer	February 24 11:30 Exposition of the Holy Eucharist Rosary 12:00pm Mass 6:00pm Stations of the Cross Soup to go	February 25 3:30pm Confession 5:00 Vigil Mass
February 26 1st Sunday of Lent 8:00am Mass 10:00am Mass	February 27 5:00pm Exposition of the Holy Eucharist Rosary Stations of the Cross Mass	February 28 11:15 Exposition of the Holy Eucharist Rosary Stations of the Cross 12:00pm Mass	March 1 11:15 Exposition of the Holy Eucharist Rosary Stations of the Cross 12:00pm Mass	March 2 11:15 Exposition of the Holy Eucharist Rosary Stations of the Cross 12:00pm Mass 6:00pm-7:00pm Lives of the Apostles	March 3 First Friday 11:30amExposition of the Holy Eucharist Rosary 12:00pm Mass Anointing of the sick 4:00pm Fish Fry 6:00pm Stations of the cross	March 4 7:30am Adoration 8:00am Mass 3:30pm Confession 5:00pm Vigil Mass
March 5 2nd Sunday of Lent 8:00am Mass 10:00am Mass	March 6 5:00pm Exposition of the Holy Eucharist Rosary Stations of the Cross Mass	March 7 11:15 Exposition of the Holy Eucharist Rosary Stations of the Cross 12:00pm Mass	March 8 11:15 Exposition of the Holy Eucharist Rosary Stations of the Cross 12:00pm Mass	March 9 9:00am Lenten Mission 11:15 Exposition of the Holy Eucharist 12:00pm Mass 6:00pm Lives of the Apostles 6:30 Lenten Mission	March 10 9:00am Lenten Mission 11:30amExposition of the Holy Eucharist Rosary 12:00pm Mass 6:00pm Stations of the Cross 6:30pm Lenten Mission	March 11 9:00am Penance Service 9:30am –12:00pm Lenten Confession 3:30pm Confession 5:00pm Vigil Mass
March 12 3rd Sunday of Lent 8:00am Mass 10:00am Mass	March 13 7:00am Chain Rosary 5:00pm Exposition of the Holy Eucharist Rosary Stations of the Cross Mass	March 14 11:15 Exposition of the Holy Eucharist Rosary Stations of the Cross 12:00pm Mass	March 15 11:15 Exposition of the Holy Eucharist Rosary Stations of the Cross 12:00pm Mass	March 16 11:15 Exposition of the Holy Eucharist Rosary Stations of the Cross 12:00pm Mass 6:00pm-7:00pm Lives of the Apostles	March 17 11:30am Exposition of the Holy Eucharist Rosary 12:00pm Mass 4:00pm Fish Fry 6:00pm Stations of the Cross	March 18 9:00am-12:00pm Church Cleaning Day 3:30pm Confession 5:00pm Vigil Mass

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
March 19 4th Sunday of Lent 8:00am Mass 10:00am Mass Family Rosary	March 20 5:00pm Exposition of the Holy Eucharist Rosary Stations of the Cross Mass	March 21 11:15am Exposition of the Holy Eucharist Rosary Stations of the Cross 12:00pm Mass	March 22 11:15am Exposition of the Holy Eucharist Rosary Stations of the Cross 12:00pm Mass	March 23 11:15am Exposition of the Holy Eucharist Rosary Stations of the Cross 12:00pm Mass 6:00pm-7:00pm Lives of the Apostles 7:00pm Taize Prayer	March 24 11:30am Exposition of the Holy Eucharist 12:00pm Mass 4:00pm Fish Fry 6:00pm Stations of the Cross	March 25 Annunciation of the Lord 3:30pm Confession 5:00pm Vigil Mass
March 26 5th Sunday of Lent 8:00am Mass 10:00am Mass	March 27 5:00pm Exposition of the Holy Eucharist Rosary Stations of the Cross Mass	March 28 11:15am Exposition of the Holy Eucharist Rosary Stations of the Cross 12:00pm Mass	March 29 11:15am Exposition of the Holy Eucharist Rosary Stations of the Cross 12:00pm Mass	March 30 11:15am Exposition of the Holy Eucharist Rosary Stations of the Cross 12:00pm Mass 6:00pm-7:00pm Lives of the Apostles	March 31 11:30am Exposition of the Holy Eucharist Rosary 12:00pm Mass 6:00pm Stations of the Cross Soup to go	April 1 10:00am Confirmation Mass 3:30pm Confession 5:00 Vigil Mass
April 2  8:00am Mass Shadow stations 10:00am Mass	April 3 5:00pm Exposition of the Holy Eucharist Mass Rosary Stations of the Cross	April 4 No Mass Chrism Mass in Birmingham	April 5 11:15am Exposition of the Holy Eucharist Rosary Stations of the Cross 12:00pm Mass 6:00pm Seder Meal	April 6 7:00pm Mass of the Lords Supper Washing of the feet Adoration until 10:00pm  Holy Thursday	April 7 3:00pm Outside Stations of the Cross 7:00pm Veneration of the Cross  Good Friday	April 8 10:00am Blessing of the Easter Food 8:00pm Easter Vigil Breaking of the Lenten Fast No Confession
April 9 Easter Sunday 8:00am Mass 10:00am 1st Holy Communion	April 10	The Staff of OLQU would like to wish everyone a Happy and Blessed Easter!				